Material	Protein content/%	Lipid content/%	Water content/%
PPP	60.75±0.748	6.95±0.044	5.82±0.057
SPI	85.26±1.978	1.64±0.110	5.61±0.034
WG	67.95±0.817	0.88±0.12	10.84±0.084

Appendix A. Physical and chemical characteristics of the materials

Note: The protein content was determined by Kjeldahl method (FOSS KJELTEC 2300, Denmark). The lipid content was measured using a soxhlet extractor (VELP SER 148/6, Italy). The water content was obtained based on oven drying at 105 $^{\circ}$ C for 6 h.